

# Our Community, Our hildren

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## 2018 Board of Directors

| Carol Freeland,                 | Board Chair        |  |  |  |
|---------------------------------|--------------------|--|--|--|
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| Rev. Gregory Nettles            | Raymond Wright     |  |  |  |
| Mark Howard, Executive Director |                    |  |  |  |

## "I CAN GO TO SLEEP AND NOT WORRY"

I just wanted to say thank you for all that you do for us kids at OCC. I know you don't work with us all the time, but knowing I can go to sleep and not worry about if lu be safe at right because it! I really enjoy

She graduated from high school with honors and a full college scholarship. Bounced from one foster home to another since she was a young teenager, she was placed at OCC as she prepared to further her education. She also wrote this moving tribute to the staff in a recent letter. The phrase that really stands out is this one:

> "... knowing ? can go to sleep and not worry about if ?'ll be safe at night because you're watching over me makes me feel secure. And for that, ? really appreciate it!"

Further down in her letter, she continued:

"... I know it's not an easy job. It truly does feel good knowing I have awesome people in my life who care and love me..."

# **ACT2 Classes Begin!**



<u>A</u>chieve *your goals*, <u>C</u>hallenge *yourself*, and <u>T</u>ransform *your life*—these are the goals of our 2018 ACT2 free afterschool program of weekly classes for ages 10-17 that are held Monday through Thursday from 4:30 to 6:30pm. Facilitated classes are listed below. Snacks are served for after-school youth as well as supper, which is provided by No Kid Hungry! and The Tegna Foundation. For more information, please contact Tammie Diggs (Hot Springs), 501-623-5591 x233, tdiggs@occnet.org or Cathy Dickens (Arkadelphia), 870-246-8000, cdickens@occnet.org.



| Times       | Monday           | Tuesday                          | Wednesday                         | Thursday                            |
|-------------|------------------|----------------------------------|-----------------------------------|-------------------------------------|
| 4:30 - 5:30 | Tutoring         | Tutoring                         | Anger Management                  | Something Sporty                    |
| 4:30 - 5:30 | Open Minds       | Let's Talk Runaway<br>Prevention | The Truth About<br>Drugs          | Drama & Improv                      |
| 5:30 - 6:30 | Active Parenting | Getting Ahead for<br>Youth       | Street Law                        | The Council for Boys<br>& Young Men |
| 5:30 - 6:30 | Fun With Music   | Something Artsy                  | Yoga & Other<br>Calming Practices | Girls' Circle                       |

## Hot Springs Weekly Schedule

## Arkadelphia Weekly Schedule

| Times       | Monday        | Tuesday          | Wednesday | Thursday                            |
|-------------|---------------|------------------|-----------|-------------------------------------|
| 4:30 - 5:30 | Girls' Circle | Anger Management |           | The Council for Boys<br>& Young Men |
| 5:30 - 6:30 | Life Skills   | Active Parenting |           | Street Law                          |

## **Homeless Youth Outreach Begins**

Imagine being a homeless youth trying to survive and navigate your way through all the challenges and obstacles that come with being out on the streets. Because of a noted gap in services to youth in this situation, OCC responded by developing a new outreach for homeless youth called *No Strings Attached*.

Trained OCC staff will be going out into the community—on the streets—to locate, create relationships with, and offer survival kits and services to homeless youth throughout Garland County. The services that will be offered include shelter, case management, counseling, and educational and employment assistance—with the ultimate goal of getting youth off the streets and into a permanent safe environment, preferably with a parent or guardian.



Homeless Outreach Logo Designed by One of Our Shelter Youth

# It Works!



Mark Howard OCC Executive Directo

When I came to OCC a few months ago, I was surprised—surprised by how they made everything work! You see, we have four distinct populations of youth all coexisting , all needing shelter and respite from the storms of life, and all needing a safe place to be. Even though I've now been here several months, I am still amazed at this place called "OCC." It works!

It works because we have an amazing Board of Directors who give their time, energy, talent, and resources . It works because of our caring, dedicated staff who—despite all of the challenges presented by our diverse youth—do an absolutely phenomenal job. It works because of our wonderful, compassionate, and generous communities of Hot Springs, Hot Springs Village, and Garland and Clark Counties that have prioritized making a difference in the lives of Arkansas's most vulnerable children.

*OCC Executive Director* Our staff have the privilege of being there for these vulnerable ones, often during some of the most difficult moments of their young lives. That's when our motto—*This is Our* 

*Community, These are Our Children*—reminds us of our obligation, duty, and yes, even a calling—to help these young ones who have no vote and no voice in what happens to them.

OCC is truly magical in how it exists. Our mission is one you can believe in. Without reservation, you can support our work because your money goes to the wonderful cause of helping youth in crisis. This is the heart of helping *"At-Promise"* youth in our community.

When I ask for your support, I'm asking you to support this mission to provide opportunities of healing and hope to our children. You see, the story of this mission—this magic, this miracle—is one that cannot, *CANNOT*, be told without you and your help. All of us working together can make life better for these young people. That's when IT WORKS—when we all do our part, it works! It just does! Thank you for being part of that miracle!

-Mark



## Yule Ball Was a Magical Success!

Muggles and magic folks dressed up for our January 6th Yule Ball in the elegant Parish Hall of St. Luke's Episcopal Church and it was a fantastic success! The fundraising gala raised much needed income for our work with youth in crisis, but it was also enjoyed by old and new friends who had a fabulous time at the Harry Potter themed event! Our entertainment, food, and well-mannered frivolity were enchanting for all who attended.

We are so grateful to our presenting sponsor—The Morris Foundation. We also appreciate

our other major sponsors, St. Luke's; US Stations; KYE-YAC International Fund; Morgan Stanley; First

Security Bank; Prince & Tuohey, CPA; Howard and Carol Freeland; St. Vincent Hospital; Hall & Koppel Orthodontics; The Citizens Bank; Linda Ragsdale; West Gate Security Storage; Superior Bathhouse Brewery; The Wine Rack & Spirits Shoppe; Garland County Title Company; Alan & Pati Trippel; Jordan, Woosley, Crone & Keaton; Books-a-Million; The Arkansas Travelers; Garvan Woodland Gardens; Maxwell Blade; Mid-America Science Museum; Mountain Harbor Resort; Magic Springs; Lara's Jewelry; Teen Challenge of Arkansas; Tim Payne Photography; TLI Print; and many more who helped in every way! Community Relations Director, Sallie Culbreth, and Executive Director, Mark Howard, enjoyed the string quartet



## **Over-the-Counter and Prescription Medicines Pose Real Danger to Youth**

Did you know that one in 30 teens get high on cough medicine? Did you know that by age 16, 90% of adolescents self-administer over-the-counter (OTC) medications, and that some youth take up to 25 times the recommended dose of OTC cough medicines?





Did you know that recently, US poison centers managed over 250,000 exposure cases of

youth, ages 6-19, with over 50% of those exposures due to medication errors and misuses? Did you know that prescription painkillers have resulted in more deaths than cocaine and heroin combined?

What's the solution? While there isn't a 100% foolproof way to prevent youth from misusing OTC and prescription medications, there are a few practical steps that every household can take to reduce this danger. First, talk to your kids, because youth who learn about these risks from their parents are 50% less likely to misuse these medicines. Second, secure your medications in a lock box or locking medicine cabinets.

Thanks to a Partnership for Success grant from DHS Prevention Services and MIDSouth Center for Prevention and



Training, Ouachita Children's Center offers medicine lock boxes at no cost (while supplies last). Please email sculbreth@occnet.org if you are interested in reserving yours. These are simple steps that can save lives.



From Our Christmas Party to Throwing Pizza Dough at Deluca's, the Holidays were Great!



## Holidays Were Wonderful at OCC!

From a fabulous Thanksgiving feast, to Caroling at the Castle, parties with our youth, board, and staff, the Masons, Woodmen of the World, and even a pizza dough throwing party at Deluca's Pizzeria Napoletana, our kids had a wonderful holiday season, despite their difficult life circumstances.

Not only were there wonderful parties and lots of gifts for our kids, community groups also came together to provide for the care of youth in crisis. We are so appreciative of Morgan Stanley, South Hot Springs Lions Club,

the LGBT Alliance, the Passport Center, Kirk in the Pines Presbyterian Church, and Steadfast Hobbies and Games for having special drives and funds that were truly a blessing!

During our annual Christmas Party, Ms. Pat Calvin was named "Employee of the Year" for the outstanding and compassionate care she provides here at OCC. Pat has been with OCC for eight years. "I hate to see kids in such desperate need. I live to help these kids. Doing even small things for them makes me happy," she said.



Ms. Pat Calvin Named Employee of the Year!

### **Donors October - December 2017**

Frank & Carol Albee Betty Alexander Vance & Gretchen Arlotta Arlene Armitage Lyni Bailey George & Mary Kay Benkert Ancil Berry Clavton Blackstock Rick & Diane Blagg Donald Brady Nancy Britt Keith & Terry Broach Henry Browder & Janice Morrison - In Honor of Ms. Linda Ragsdale John & Sue Brunner Bruce & Cheryl Burton Lawrence & Suzanne Busby Bonnie Carr James & Linda Castaldi William & Ruth Cluck Anne Cooksey Richard & Teresa Crawford Tim & Sallie Culbreth Olive Davis Suzanne Dickinson David & Melissa Draper Lisa Driggers Pam Ellis Phillip & Judy Ellis Max English - In Memory of Mr. Bernard Nugent Clay & Kathy Farrar David & Jackie Fastenow Dick & Sue Finley Jim & Kelli Fram Anne Fulbright Becky Furnas Robert & Ann Gasper Melinda Gassaway Megan Goldman - In Memory of Mr. Buddy Juneau Charles & Nora Griffith Thomas & Coni Hall Shari Hamilton Susan Harper Linda Sue Harris Nell Harrod James & Sharon Hess Michael & Lisa Hickman Shelly Hill Tori Hill Page Hiller-Adams Alice Hunter William & Marilyn Janser Cleo & Morgan Kling Hal & Sue Koppel Genoia Lain Mr. & Mrs. Paul D. Langston Sue Legal - In Memory of Mr. Michael Brien Joyce Lewis Gene & Dorothy Lichliter Coralyn Liscinski Wayne & Sue Lucky Henry & Jane Luschen Larry & Jennie Lynn Allan & Terecia Magee Denise Marion Ann Mayle - In Memory of Ms. Barbara Kopchak Patrick & Ellen McCabe Glen McClain Melody McDaniel

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B & F Engineering, Inc. Baldwin Dentistry BancorpSouth Bennett's Oaklawn Service, Inc. Books-A-Million Boys & Girls Club of Hot Springs Brighter Tomorrow Foundation Calvery Pentecostal Church Christ Lutheran Church Christ of the Hills United Methodist Church - Faith & Hope Circle Christ of the Hills United Methodist Church New Beginnings Sunday School Class Christway Unity Church Cooper-Anthony Mercy Child Advocacy Center Craft Beer Cellar Cutter Morning Star - FCCLA The Defenders Motorcycle Club **Encounter Church** First Baptist Church - Knitting Group Flowers & Home of Hot Springs Fox Pass Pottery Garland County Council of Garden Clubs Garvan Woodland Gardens Glory Barn Church, The - Ladies Ministries Good Samaritan Society, The -Services@Home Grand Ave UMC - Open Door Sunday School Class Grand Ave UMC - United Methodist Outreach Hot Springs Emblem Club #194 Hot Springs Intermediate School - Student Council Hot Springs LGBT Alliance Hot Springs Nail Spa Hot Springs Oaklawn Lions Club Hot Springs World Class High School I Love LK Memorial Fund Lake Hamilton High School - EAST Lab Lake Hamilton High School - FCCLA Luna Bella Majestic Lake Village Homeowners McCafferty Academy of Irish Dance Mid America Science Museum Morgan Stanley Mountain Harbor Resort & Spa National Park Medical Center - Case Management Oaklawn United Methodist Church Pancho's Taco Pronto, Inc. Piney Grove United Methodist Church Presbyterian Kirk In the Pines Prince of Peace Lutheran Church Red Hatters of Hot Springs **Relyance Bank** Root's Chiropractic Sandy Sutton's Design Center South Hot Springs Lions Club Southern Bancorp SQZBX Brewery & Pizza Joint Statco-Palmer, Inc. Steadfast Hobbies & Games Steadman's Physical Therapy Taylor/Kempkes Architects Top Nails of Hot Springs Village Toy Chest United Rentals Wal-Mart - Central Ave. Women of Faith Woodmen of the World



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**Community Partner** 

# WISH LIST

#### Shelter Needs and Positive Behavior Incentives

- New Twin size Sheet Sets
- New Matching Comforter Sets
- New Bath Towels, Washcloths & Hand Towels
- Flat Irons
- Electric Shavers & Hair Clippers
- Anti-Bacterial Hand Soap
- Feminine Hygiene Products
- Hair Brushes (both boar bristle & plastic)
- Wide Tooth Combs
- Hair Grease, Pomade, Pink Oil, Moisturizer & Relaxer Kits
- Wave Caps, Shower Caps & Head Scarves
- Small Black Rubber Bands, Barrettes & Ponytail Holders
- New Men's & Boy's Briefs & Boxers
- New Women's & Girl's Underwear & Bras

- Luggage, backpacks, tote bags, etc.
- Movie Passes (for 20)
- Restaurant Gift Cards
- Individual Snacks
- Individual Drink Boxes or Soda
- Special Event Tickets or Passes (for 20)
- Gift Cards to Retail Stores

#### Kitchen Needs

- Stainless steel forks & spoons
- Unbreakable plates & bowls
- 10 oz. Plastic Glasses
- Dish Soap & Dish Towels
- Healthy Snacks—Fruit, Hummus & Pita Chips, Vegetable Trays, Peanut Butter or Cheese Cracker Packages
- Healthy Drinks—Non-Sugary
- Grated Cheddar Cheese

#### Contact Sallie Culbreth for more information at 501-623-5591 x223 or sculbreth@occnet.org

### ACT2 Classes Needs

- Craft Supplies
- Board Games & Cards
- Wireless Laser Printer/Copier

Contact Tammie Diggs for ACT2 needs at 501-623-5591 x233 or tdiggs@occnet.org

#### **Homeless Outreach Needs**

- Fast food restaurant gift cards
- Sheets of bus passes

Contact Sue Legal for outreach needs at 501-623-5591 x221 or slegal@occnet.org

\*\* We now refer used clothing donations to Jackson House or Salvation Army, where we "shop" as needed \*\*